

## New Life **AND** a New Lifestyle

### I. Slide1 **Announce:**

- A. Slide2 Baby dedication: Cody & Amanda Hogenmiller. *Juliana Marie I, Wyatt Raymond 5.*
- B. Slide3-5 Larry - Office Closed. Harvest Festival. The Stir.
- C. Slide6 Walk For Freedom: bulletin.
- D. Children at Risk: Next Sun. 3-5pm. Agape rm.
- E. Slide7 Church Movie Night: *Same Kind of Different as Me*. Oct 19th, 7:30. Doors open at 7. Tickets are \$8.75 a price, can only pay by check or cash. Tickets are only being sold at CM next 2 Sun & 2 Wed's & in office...until sell out. We only have 190 seats.
  - 1. *Same Kind of Different as Me is an uplifting, inspiring, powerful drama for teenagers and adults about a woman, who redeems her cheating husband and a troubled homeless man through the power of her Christian faith, love and compassion. Well-acted with many heartfelt moments.*
- F. Slide8 Men's Breakfast & Tues Night Kickoff: This Sat monring 7:30-10:30am.
- G. Prayer: (before prayer will you own this?) Victims in Las Vegas shooting. Victims of the 5 Hurricanes. Puerto Rico.

### II. Slide9,10 **Intro:** New Life **AND** a New Lifestyle

- A. Paul moved from *declarative* statements (ch.'s1-3) to *imperative/command* statements.
- B. Paul moved from our relationship to *the church*; to our relationship to *the world*.
- C. Paul moved from dealing with walking in *Unity*, to walking in *Purity*.
- D. How is it that people can think they have a *new Life* without having a *new Lifestyle*?
  - 1. See, a *new life demands* a *new lifestyle*...
  - 2. In sociology, a lifestyle is the way a person (or a group) lives. This includes patterns of social relations, consumption, entertainment, and dress. A lifestyle typically also reflects an individual's attitudes, values, or worldview.

### III. Slide11 **AVOIDING IMMORAL LIFESTYLES (17-24)**

- A. **WALK** (17-19)

- B. What an attention getter Paul lays down here (listen to NIV as it highlights **the command**)
1. NIV *So I tell you this, and **insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking.***
- C. **No longer walk** – The believer’s new life in Christ involves **a change in direction & conduct.**
- D. **Futility** – Aimlessness. **The leading to no object or end.**
1. **Uselessness as a consequence of purposelessness.** *Bible Sense Lexicon, Logos*
- E. The Gentile’s minds were completely out of touch w/the reality of God, so they were going nowhere.
1. They lacked understanding, were hard hearted, spiritually blind, shameless, & greedy.
  2. **You are not to be like this.** This is the *opposite* of what Christ is.
- F. **Slide12** Eugene Peterson wrote a book entitled Run With the Horses. *“The puzzle is why so many people live so badly. Not so wickedly, but so inanely. Not so cruelly, but so stupidly. There's little to admire and less to imitate in the people who are prominent in our culture. We have celebrities, but not saints. Famous entertainers amuse a nation of bored insomniacs. Infamous criminals act out the aggressions of timid conformists. Petulant and spoiled athletes play games vicariously for lazy and apathetic spectators. People aimless and bored amuse themselves with trivia & trash. Neither the adventure of goodness nor the pursuit of righteousness get headlines.”*
- G. **Slide13a GET DRESSED** (20-24)
- H. (20,21) **But you have not so learned Christ** - refers *not only to conversion* to the Christian faith, **but** also to *the activity of learning* about Christ.
- I. **Christianity isn’t a Jesus-centered self-help program.**
1. A self-help program is **a good thing** for someone who shows a **self-destructive behavior** **then** supplements it for a **non-self-destructive behavior**.
    - a) Behavior modification then is **not bad**, it’s a good thing, **just not enough.**
  2. Even with raising children...we often just want behavior modification, **but** God wants **a heart work, not just behavior work. God wants something deeper.**
- J. **Slide13b Put off the old self** (22)

1. Put off old the self is **likened to putting off old clothes**.
  2. The tense of the verb (*aorist*) is important because it signifies a **once-for-all, concluding action**. *It's done once & permanently.*
  3. Like Lazarus' grave clothes. [*Every trait of the Old Man's behavior is putrid, crumbling, or inflated like rotting waste or cadavers, stinking, ripe for being disposed of and forgotten.* Barth]
  4. Or like, dirty soiled stain filled clothes. [my Aeropress story]
  5. The instruction **Jesus** gave concerning Lazarus applies to each believer: **Loose him (i.e. take off the grave clothes) and let him go**.
    - a) But it is not enough simply to **die** to the **old life**; **there must also be resurrection** and the **manifestation** of the **new life**. *wiersbe*
    - b) We **put off** the *grave clothes* of the ol'life & **put on** the *grace clothes* of the new life
  6. **Former conduct** - you were **under the influence** of the evil one, your flesh, the world. [*if driving under the influence is a DUI; then this is a LUI, living under...*]
- K. **Slide13c Refresh Your Mind** (23) *Be made new in the attitude/values of your mind*
1. This change isn't only **outward**, but it also involves the **inner person** as well.
  2. This tense (pres.) of *be renewed* = **a continual process**.
  3. This is my basis for when I tell believers, *quit focusing on not doing wrong & start focusing on doing what is spiritually right.*
- L. **Note the progression:** (22-24) *Put off, be renewed, put on*.
1. Imagine working in your yard all day. At the end of the day, you're dirty, stinky, you take off your clothes...but you don't just *put on fresh clothes*. You also shower (I hope). Oh, if you just put on fresh clothes it's a little better. **But what's best** is *a true cleansing*. **Then new clothes**.
- M. **Slide13d Put on your new self** (24)
1. Put on the new self is likened to *putting on new clothes* [eg. actively participate in Christ's transformative work in their lives]
- N. Love the **smell & look** of new clothes.
1. This new look is created according to the likeness of God.
    - a) *Put on the new self, created to be like God* (NIV)

2. Slide13e 2 main Gk words for *new*: *neos* = new in respect to time, that which is recent. *Kainos* = completely new. *A new self; especially the new beliefs, habits, emotions & life of a person after becoming a Christian.*[*Kainos* used here]
3. Jordache Jeans came up with a popular jingle in the 80's, *You've got the look I want to know better.*
  - a) That of course wasn't *the look*; & Praise God it is no longer *the look*.
  - b) But **here** God reveals, *The Look...and we should all want to know it better.*

O. Slide14 A brand-new man **thinks** right; **feels** right; **acts** right; & **is** right.

P. Ever have the blessing of getting a brand new car/truck, right off the lot?

1. There's something about getting rid of the old clunker, & climbing into your new auto.
2. The ride is different, more performance, its quieter inside, it sparkles, everything about it is fresh, ohhh & that new car smell.
3. You make sure you keep it washed & clean. Amor All & wheels black.
4. You'd never want to *go back* once you're in your new ride. *(oh you tell your old car your going to miss em, but you never look back)*
  - a) That's not only how it is with a new ride, but with our New Walk.

#### IV. Slide15a **ADOPTING A SPIRITUAL LIFESTYLE (25-32)**

A. Slide15b From *Put off*, to *put on*, to *now put away*...

B. This is a very practical & challenging section as Paul focus' on *holy living*.

C. Slide16a **Speak Truth** (25)

D. Falsehood is not a characteristic of the believer's new nature.

1. Don't only *put away lies*, but have your life be characterized by *speaking the truth*
2. Since we depend on **one another**, as believers we must be able to **trust** each other's words & deeds.

E. Slide16b **Deal with Anger** (26, 27)

F. Sometimes I think we spend too much time trying to figure out *how we can keep the sun from going down* instead of dealing with *our wrath...the problem at hand*.

- G. Slide16c Paul quotes Ps.4:4 *Be angry, and do not sin. Meditate within your heart on your bed, and be still.* NLT *Don't sin by letting anger control you. Think about it overnight and remain silent.* MSG *Keep your mouth shut, and let your heart do the talking. Build your case before God and wait for his verdict.*
1. Paul seems to acknowledge that **anger can be unavoidable**, but he also recognizes that it can **quickly develop into an occasion for sin.**
- H. David faced his anger honestly & gave it to the Lord.
1. David had a right to be angry. Anger can be used by God to **bring about righteousness**, or it can be used by Satan to **bring about sin.**
  2. **Meditate** – means *to discuss w/yourself.*
    - a) There's a big difference between **brooding** while lying in bed, & **meditating** while lying there quietly.
  3. **Night time** brings with it its temptation to **brood on past wrongs & present perils.** [A failure to resolve it before sundown keep's one's anger alive, & provides the devil a foothold, i.e. room to work his evil in your life]
    - a) Often we can't do anything about the wars that rage **around us...but we can do something about the wars inside of us.**
  4. **Ever struggle w/insomnia? Sleep disorders?** This Psalms for you.
    - a) People have tried Sleeping pills, herbs, special pillows/beds.
  5. Some can relate to Psalm 6:6 *I am weary with my groaning; All night I make my bed swim; I drench my couch with my tears. aka Liquid Prayers*
  6. Try reading this Psalm & meditating on it upon your bed. *David was probably in a cave*
- I. (27) **Don't give place to the devil** - A dad was reading the story of Adam & Eve in the garden to his young children. Afterwards he asked, *what did you get out of the story?* His young son replied, **not to play the snakes!** [that's good insight]
1. I wish the christian world would learn **not to play with the snake.** I believe strongly from this that we are not to **give place**<sup>(nkjv)</sup>, **give opportunity**<sup>(lit.)</sup>, **a foothold**<sup>(niv,nlt,msg)</sup>. **Room or space to function or perform.** *Bible Sense Lexicon, Logos*
  2. **Don't make him** the focus of your prayers, your worries, **nor** your life.
    - a) James 4:7,8 *Therefore submit to God. Resist the devil and he will flee from you. & Draw near to God and He will draw near to you.*

b) Paul already told them in 2:2, *believers are free from the devil's rule.*

J. **Slide16d Honest Work** (28)

K. *Paul's antidote for **taking** is to develop a habit of **giving**.* David George

L. Hands that used to be involved in **stealing**, **must now** engage in **honest work**.

M. **Slide16e Gracious Speech** (29)

N. Becoming a Christian changes the way a person speaks.

O. **Speech controlled by the new nature will exhibit 3 characteristics...**

1. It **edifies** or **builds up**. It is **appropriate**. It has a **redemptive effect** on those who hear it.

P. William Temple said, *The most influential of all educational factors is the conversation in a child's home.*

Q. **Slide16f Harmony with the Spirit** (30)

R. The new nature at work w/in the believer **is the work of the H.S.**

1. A friend of Vance Havner coined a word by **combining** the words **squelch and quench**. He used to say, **Don't 'squelch' the Spirit.** [Squelch/silence & quench/extinguish]

S. **You were sealed** – a finished work.

T. **Slide16g Christlike Relationships** (31,32)

U. Right after the warning against grieving the HS Paul lists 6 forms of sin that must be put away: [each has to do with *speech*]

1. **Slide17a Bitterness** – A spirit of resentment that refuses to be reconciled.

2. **Wrath** – A subtle, deep-flowing, persistent antagonism against someone.

3. **Anger** – A temporary outburst of temper.

4. **Clamor** (brawling) – Loud expressions of grievance, shouting.

5. **Evil Speaking** (slander) – Speaking evil of others & God.

6. **All Malice** – A general term that includes any evil word or act against another; the root of the above vices.

a) These sins invite Satan to influence your life, & they grieve the Spirit of God, harm the church, & even hurt yourself.

V. **Put away from you** – Pick up & carry away. To make a clean sweep.

W. (32) **Forgiving one another** - the Gk word used here, *charizomai*, implies *not only forgiving, but doing so with a gracious attitude.*

1. **Slide17b A new life demands a new lifestyle.**

X. The only animal the **grizzly** would allow to eat with him was the **skunk**. Grizzly bears in Yellowstone often come to eat at the place where garbage is dumped. This huge bear can fight and beat almost any animal in the West, but it lets the skunk share its meal. The grizzly surely resented the skunk and could have easily killed the little creature in any fight. No doubt the bear would have liked to have gotten even with him for his intrusion. But he didn't. **Why? Because he knew the high cost of getting even. Forgive one another.**